

GURU POORNIMA 2010

North American Gurukul, San Francisco Bay Area



“Guru Poornima!

Revive the zeal, refresh the mind.

dedicate a new resolve tangibly.

Test your sincerity, love and purity.

Offer your restlessness to me

This is your rebirth day - be ready.

Empty yourself so you can be filled with music.

Bathe in nectar and await the rising sun.

As darkness disappears, shake your body and mind.

Let your old samskaras drop away.

Tune in with me on the spiritual plane

And begin to live a beautiful new life.”

- Paramahansa Satyananda Saraswati

Guru Poornima is on Sunday, July 25th 2010

Morning Program- 8 am to 11 am

8 - 8.30 am

Chanting of Sadguru Vandana,
Guru Paduka Stotram and Guru Stotram

8.30- 9.30 am

Guru Gayatri Havan

9.30 - 10.30 am

Kirtan

10.30 - 11 am

Prasad

Evening Program- 5 pm to 8.30 pm

5 - 6.45 pm

Chanting of complete Saundarya Lahiri

6.45 - 7.30 pm

Prasad

7.30 - 8.30 pm

Screening of Guru Poornima DVD

Venue: 1238 Valerian Ct., Sunnyvale CA 94086

Copies of texts will be provided.

*Please confirm your attendance by email to
pathofyoga@gmail.com or call (408) 338 6346*

North American Gurukul, Inc.

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